Weekly Energy and Fuels Markets Report

March 20, 2026

NYSERDA
New York State Energy Research and Development Authority

Overall Energy & Fuels Markets Summary

- Market influencers include:
  - Global factors such as the Iran war, Russian-Ukraine war, world petroleum inventories, U.S. trade policies, and associated geopolitical uncertainties.
  - Domestic factors include world petroleum pricing, heating season developments, and U.S. economic policy.
- Summary of spot prices for the following market benchmarks (see page 2).
  - WTI and Brent crude spot prices both increased compared to the prior week.
  - Natural gas (Henry Hub) and propane (Mt. Belvieu) spot prices remained relatively consistent compared to the prior week.
- Regional fuels inventories (see pages 2 through 4) compared to the previous week:
  - Propane and natural gas inventories increased while ultra-low sulfur diesel (ULSD) decreased compared to the prior week.
  - Total gasoline remained relatively unchanged compared to the prior week.
- NY retail prices (see pages 5 and 6) for heating and transportation fuels:
  - NY transportation regular gasoline retail prices increased about 12% while on-road diesel increased about 18% compared to the prior week.
  - Heating fuel prices (heating oil, propane, kerosene) increased since the prior survey.
- NY weather forecast and seasonal conditions summary (see pages 7 and 8):
  - The National Oceanic and Atmospheric Administration (NOAA) forecasts indicate likely to leaning below normal temperatures for the 6-10 day and leaning to likely below normal for the 8-14 day period.
  - The NOAA forecasts for precipitation indicate near normal to leaning above for the 6-10 and 8-14 day periods.

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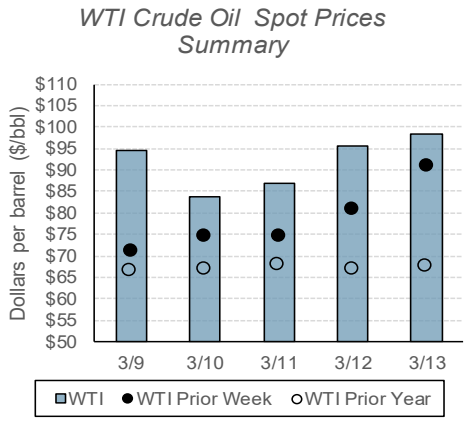
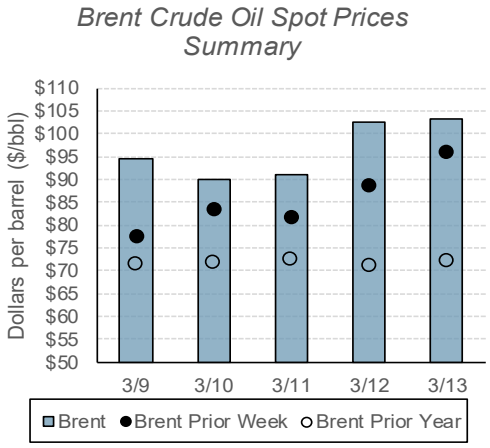
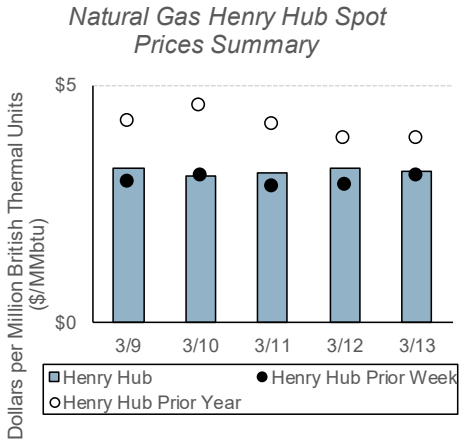
Notes:
1. Data and information from a variety of sources, see references section for detailed citations. Visualizations by NYSERDA.
2. Data represent the most recent week ending on Fridays, unless otherwise noted. See individual graphics and summaries for details.

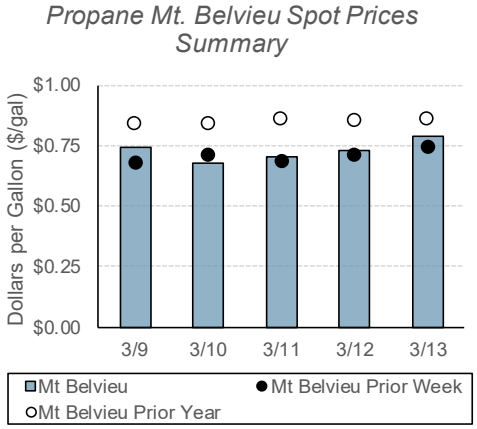
National Market Benchmarks and East Region Natural Gas Inventories

National Market Benchmark Spot Prices

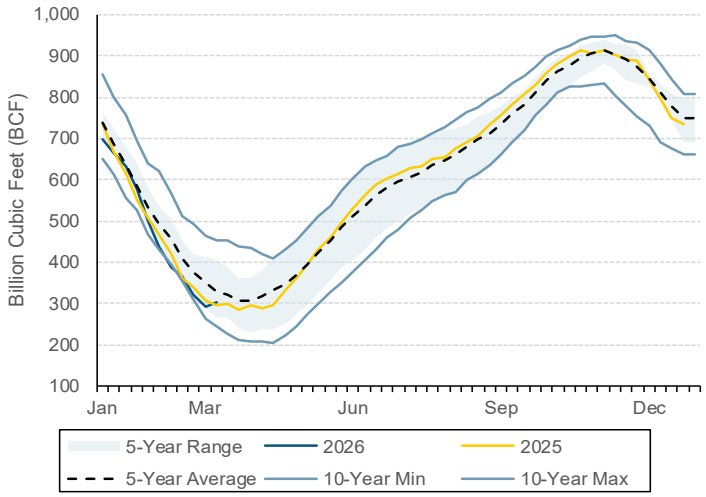


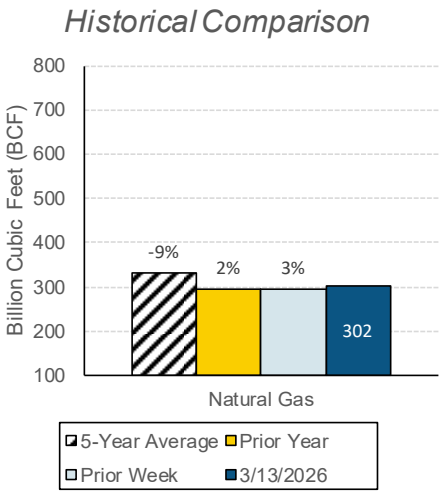






East Region: Natural Gas Working Underground Storage

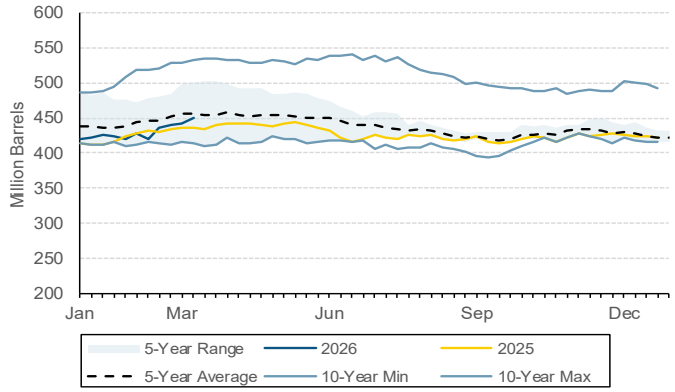


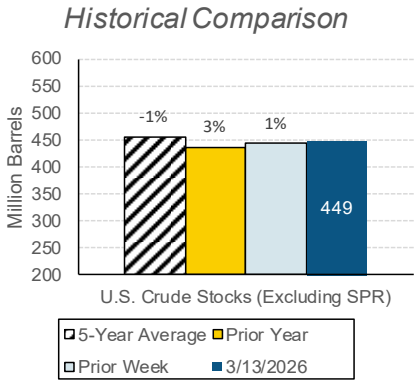


Note:
1. Data from USEIA, see references section for detailed citations. Visualizations by NYSERDA.
2. Graphics summarize available USEIA data from the most recent week ending on Fridays.
3. Historical comparison bar chart percentages reflect current week. Positive values indicate current week is greater, negative values indicate current week is less than the historical value.

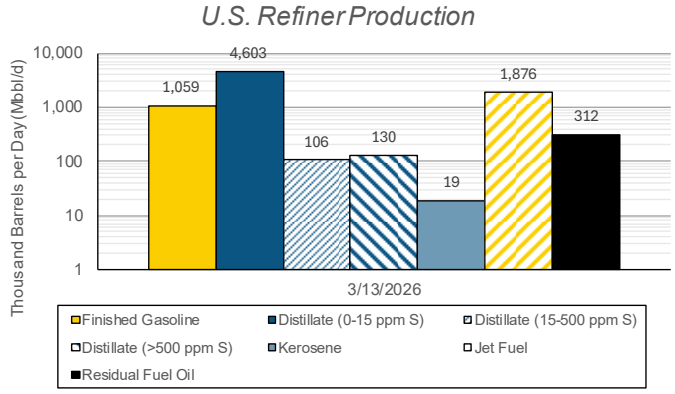
National Crude Inventories, Refining, and PADD1 Petroleum Product Movement

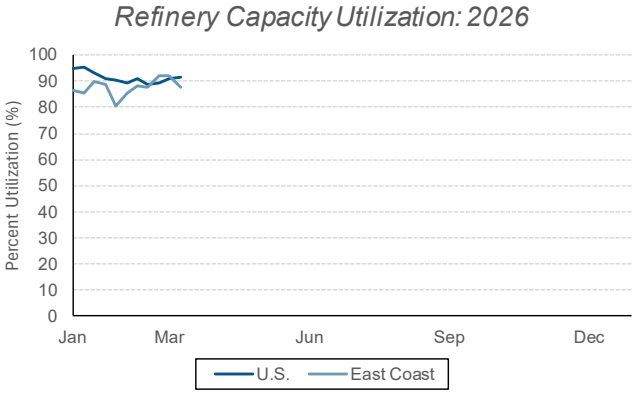
National Crude Inventory (Excluding Strategic Petroleum Reserve)



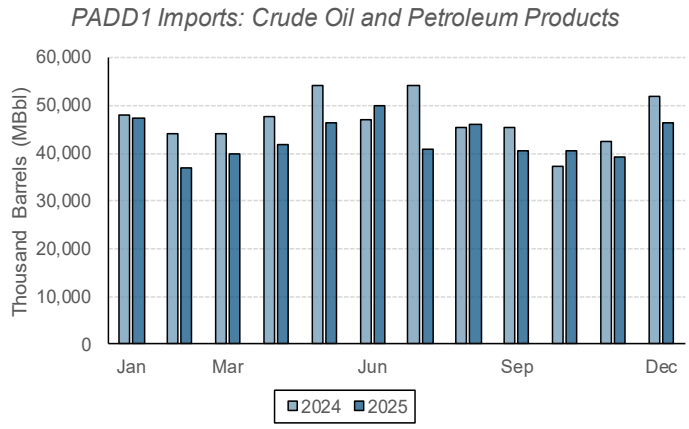


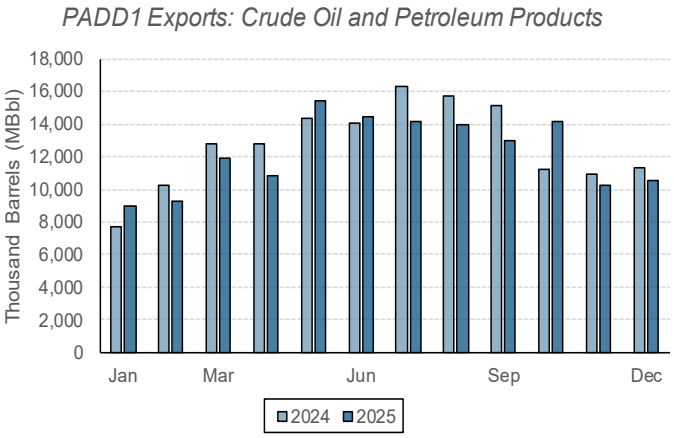
National Refinery Production and Utilization





PADD1 (East Coast) Petroleum Product Movement: Imports and Exports Summary

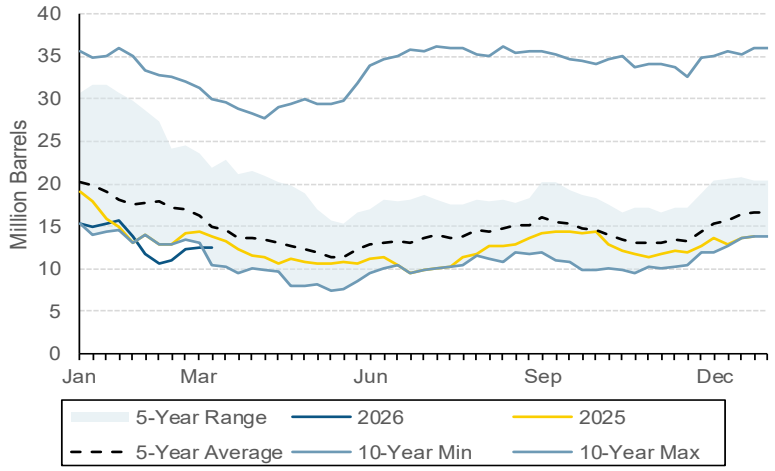


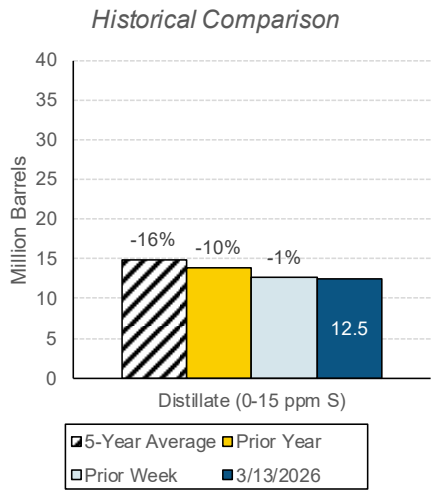


Note:
1. Data from USEIA, see references section for detailed citations. Visualizations by NYSERDA.
2. Imports and Exports datasets are monthly and have a 2-month data lag.
3. Historical comparison bar chart percentages reflect current week. Positive values indicate current week is greater, negative values indicate current week is less than the historical value.

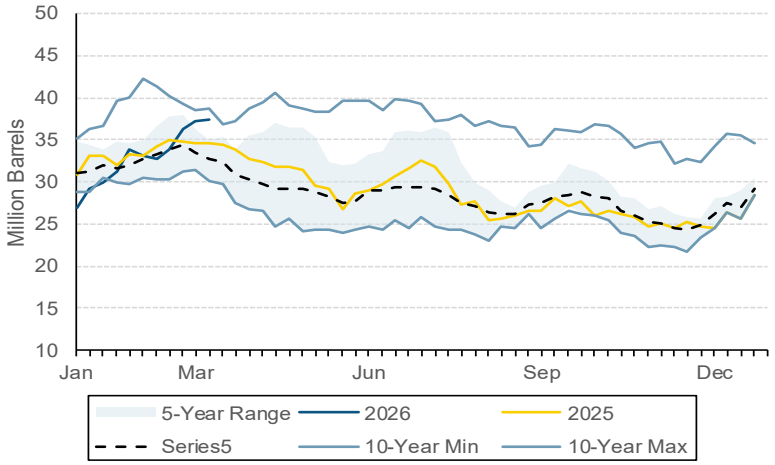
PADD 1B Regional Liquid Fuels Inventories

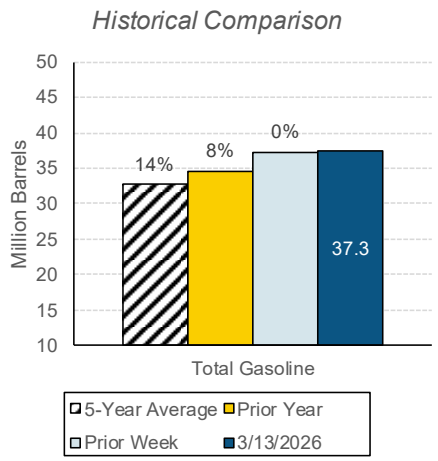
Distillate Fuel Oil (0–15 ppm Sulfur)



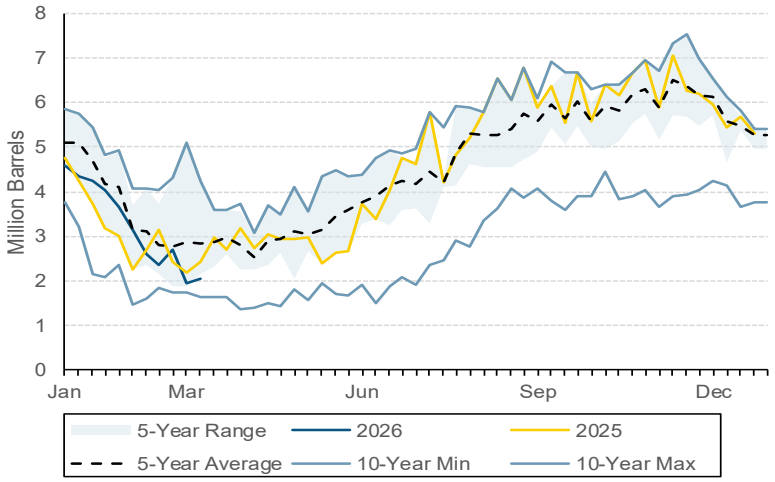


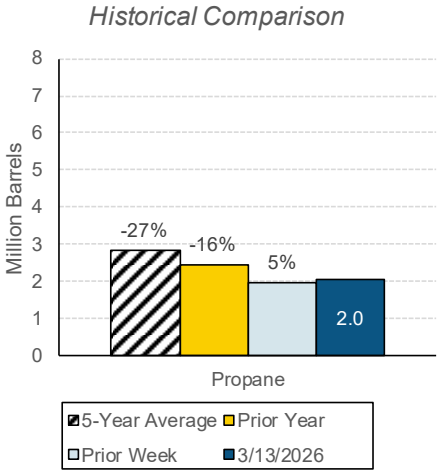
Total Gasoline





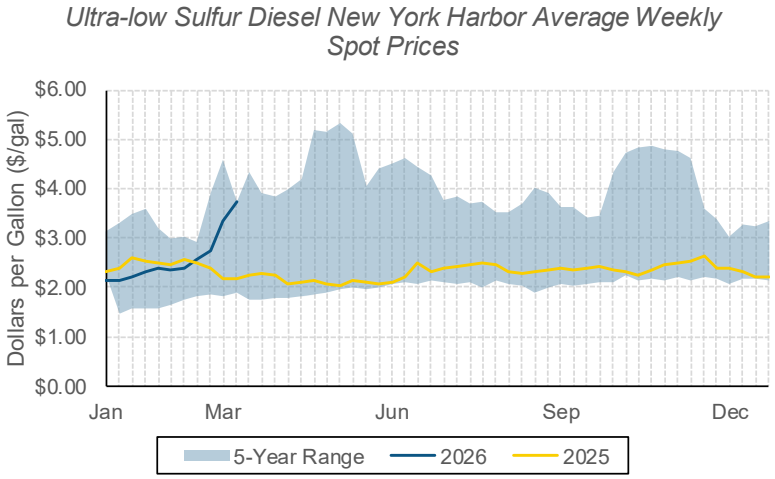
Propane and Propylene

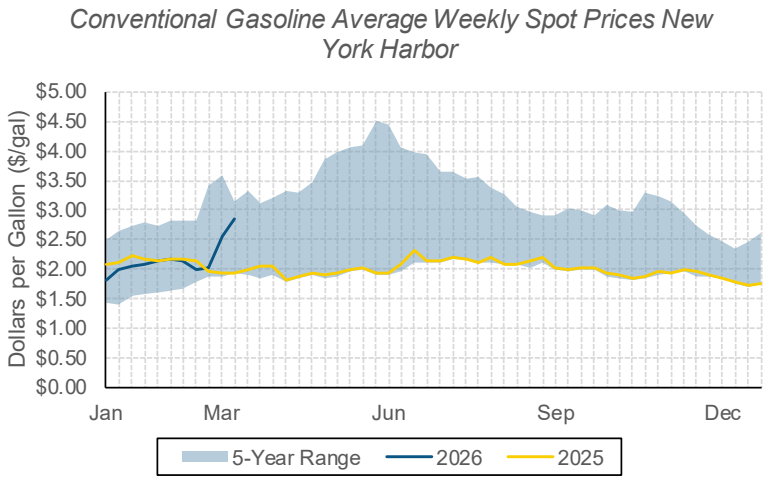




Notes:
1. Data from USEIA, see references section for detailed citations. Visualizations by NYSERDA.
2. Historical comparison bar chart percentages reflect current week. Positive values indicate current week is greater, negative values indicate current week is less than the historical value.

Transportation Fuel Prices Summary





For regional NYS retail price summaries for transportation fuels, visit the following NYSERDA resources:

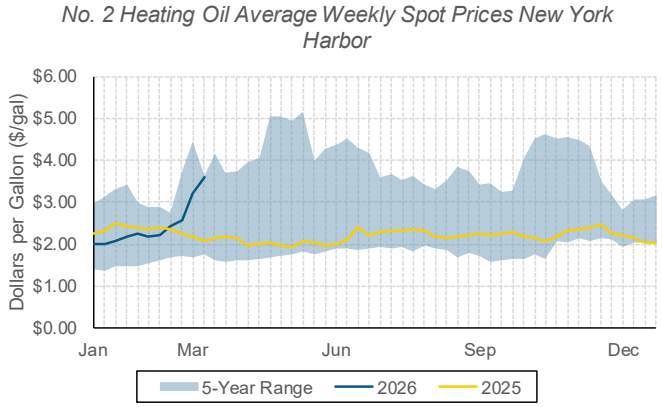
Transportation Fuel Dashboard

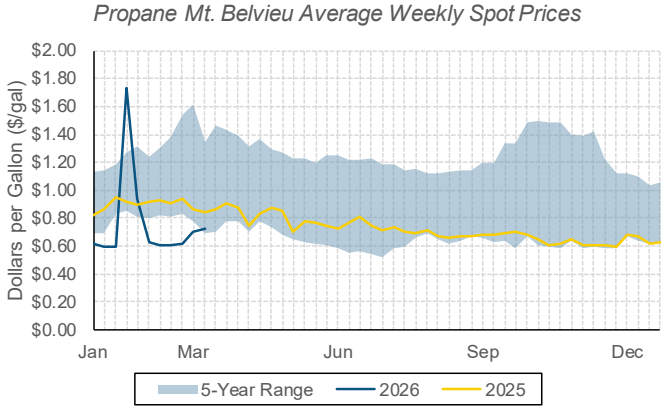
Transportation fuels retail price summaries presented in this report and on the NYSERDA dashboards are collected by the Energy Markets team from AAA and USEIA as part of our ongoing fuels markets analyses and monitoring.

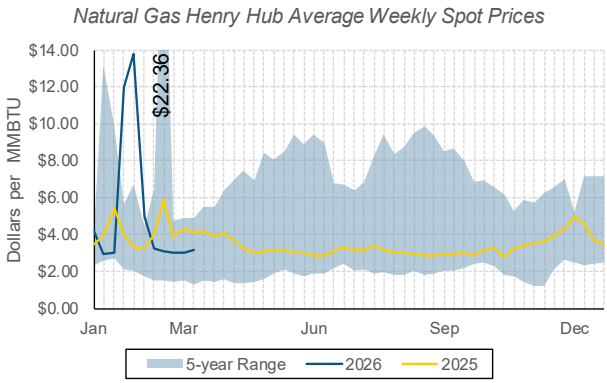
Fuel Type	NYS Average Retail Prices				
	3/13/2026	3/6/2026	% Difference	Prior Year	% Difference
Regular Gasoline (dollars per gallon)[2]	$3.468	$3.091	12.2%	$3.136	10.6%
On-road Diesel (dollars per gallon)[2]	$4.885	$4.141	18.0%	$3.963	23.3%

Notes:
1. Wholesale price data from USEIA, see references section for detailed citations. Visualizations by NYSERDA.
2. Retail price data from AAA, see references section for detailed citations. Visualizations by NYSERDA.

Heating Fuel Prices Summary







Weekly Survey Results by Fuel Type	NYS Average Retail Prices				
	3/16/2026	3/9/2026	% Difference	Prior Year	% Difference
Ultra-low #2 Heating Oil Posted Credit Prices (dollars per gallon)[2]	$5.325	$5.231	1.8%	$3.845	38.5%
Propane Posted Credit Prices - 1,100 gallon usage (dollars per gallon)[2]	$3.625	$3.583	1.2%	$3.561	1.8%
Kerosene Posted Credit Prices (dollars per gallon)[2]	$5.778	$5.698	1.4%	$4.678	23.5%
Monthly USEIA Reporting	**November 2025**	**October 2025**	**% Difference**	**November 2024**	**% Difference**
Monthly Average Residential Natural Gas Prices (dollars per Therm)[3]	$1.738	$2.312	-24.8%	$1.899	-8.5%

For regional NYS retail price summaries for heating fuels, visit the following NYSERDA resources:

Home Heating Oil Prices Dashboard

Kerosene Prices Dashboard

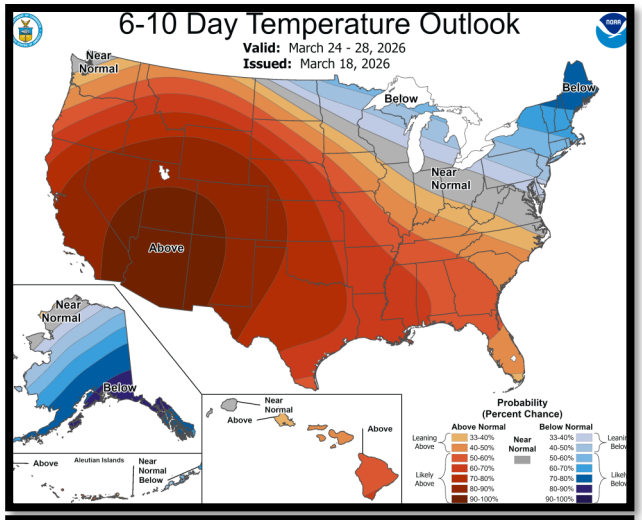
Propane Prices Dashboard

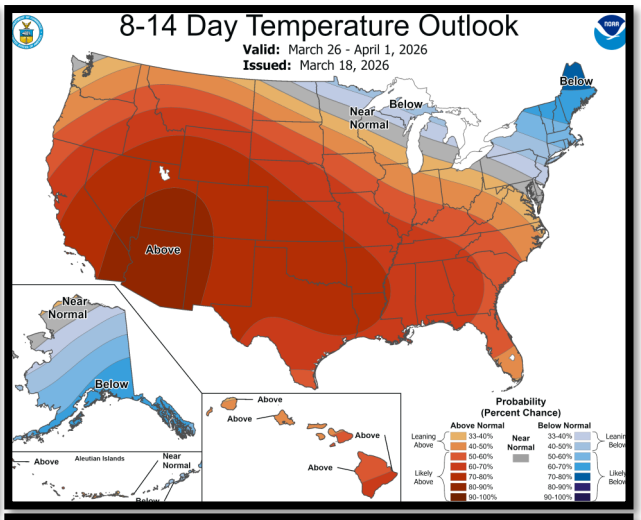
Heating fuels retail price summaries presented in this report and on the NYSERDA dashboards are part of the USEIA State Heating Oil and Propane Program/NYSERDA Heating Fuel Prices surveys.

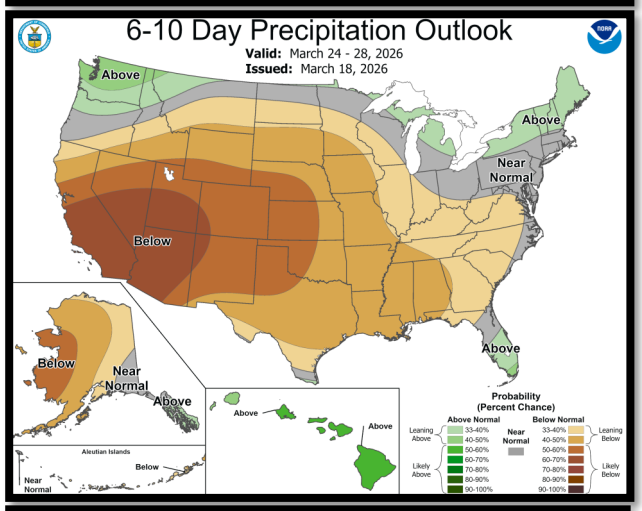
Notes:

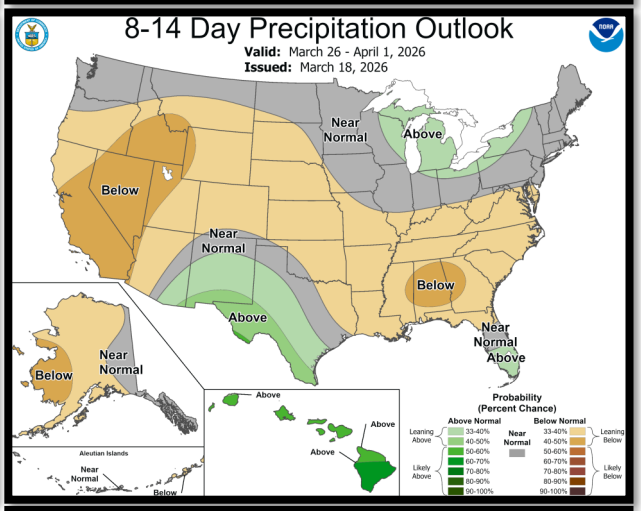
1. Wholesale price data from USEIA, see references section for detailed citations. Visualizations by NYSERDA.
2. Retail price data from USEIA & NYSERDA, see references section for detailed citations. Visualizations by NYSERDA. Highlighted cells indicate price correction from prior week.
3. Residential natural gas price data from USEIA, see references section for detailed citations. Visualization by NYSERDA.

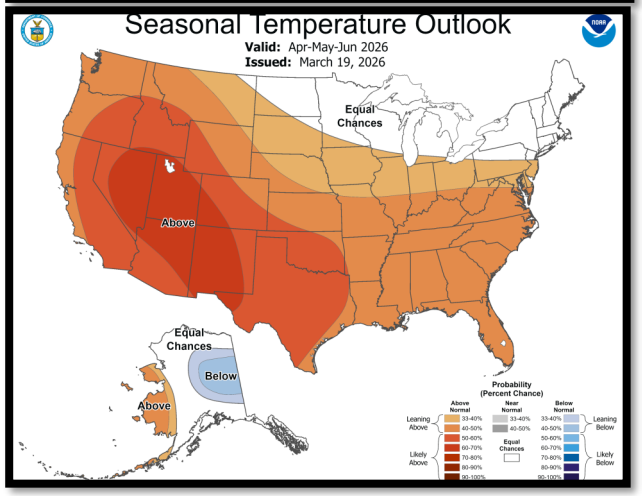
Weather Outlook and Seasonal Threat Monitoring

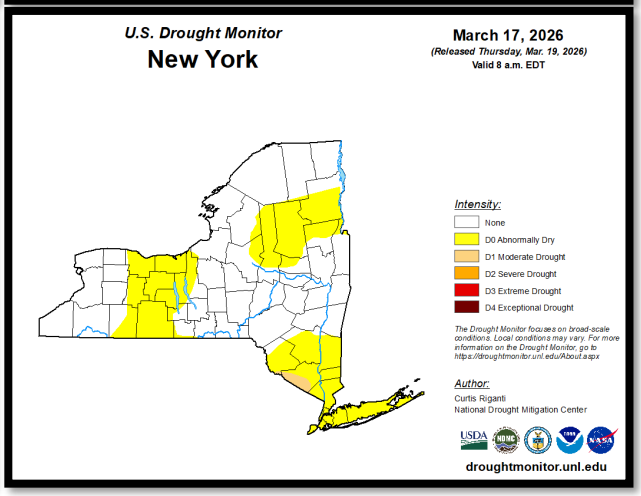






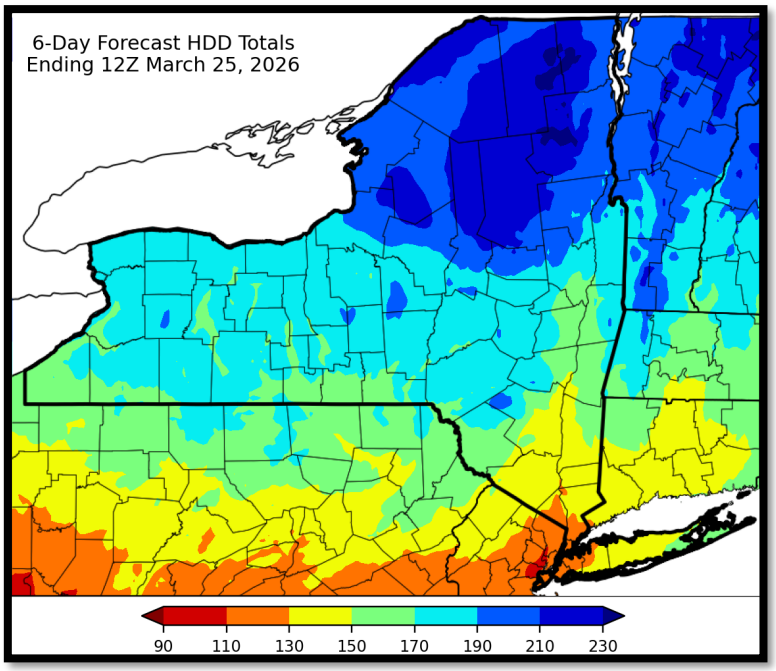






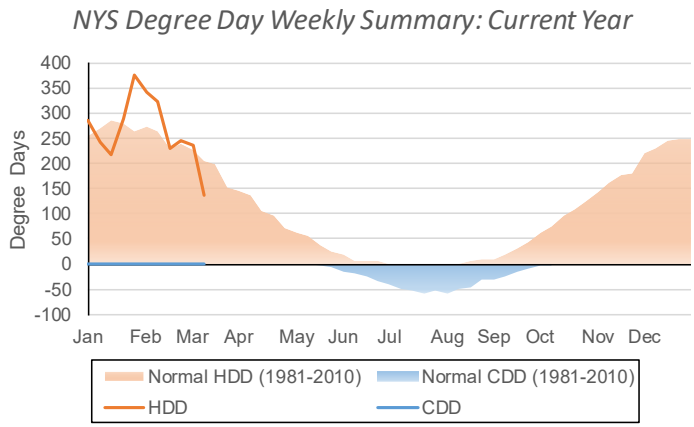
Notes:
1. Temperature and precipitation outlook graphics from NOAA. See references section for detailed citations.
2. Seasonal threat monitoring for winter season. Graphics from NOAA. See reference section for detailed citation.
3. Seasonal threat monitoring for drought conditions during the spring/summer. Graphic from National Drought Mitigation Center. See references section for detailed citation.

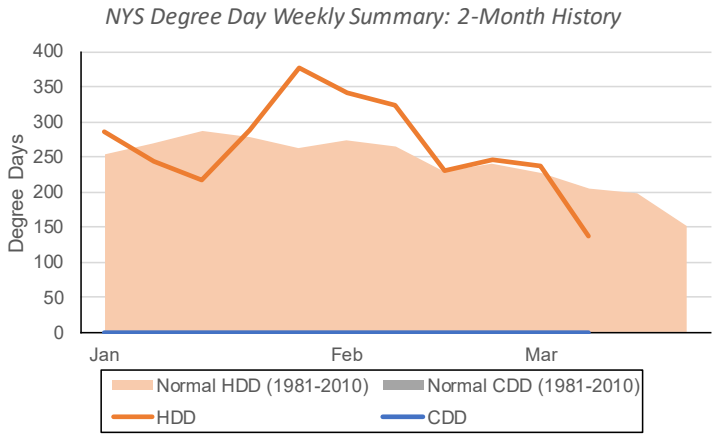
Degree Days Outlook and Summary



City	6-Day HDD Forecast	Normal	% Difference
Albany	160	165	-3%
Binghamton	170	186	-9%
Buffalo	173	176	-2%
Glens Falls	180	188	-4%
Massena	210	206	2%
NYC	119	123	-3%
Rochester	171	169	1%
Syracuse	172	177	-3%
Watertown	190	196	-3%

Forecast Dates:
03/19/2026 - 03/24/2026





For regional NYS Heating and Cooling Degree Data along with additional information, visit the following NYSERDA resources:

Heating Degree Data

Monthly Degree Day Data (Heating & Cooling)

Notes:
1. Heating degree day (HDD) forecast from NOAA & Northeast Regional Climate Center at Cornell University (NRCC). See references section for detailed citations.
2. HDD and Cooling Degree Day (CDD) data from NOAA. Positive values represent HDD and negative values represent CDD. See reference section for detailed citation. Visualization by NYSERDA.

References

National and Regional Fuel Inventories

USEIA. 2026. U.S. Stocks of Crude Oil and Petroleum Products. Available online: https://www.eia.gov/dnav/pet/xls/PET_STOC_WSTK_DCU_NUS_W.xls.

USEIA. 2026. Weekly Central Atlantic (PADD 1B) Ending Stocks of Distillate Fuel Oil, 0 to 15 ppm Sulfur (Thousand Barrels. Available online: https://www.eia.gov/dnav/pet/hist_xls/WD0ST_R1Y_1w.xls.

USEIA. 2026. Weekly Central Atlantic (PADD 1B) Ending Stocks of Total Gasoline (Thousand Barrels). Available online: https://www.eia.gov/dnav/pet/hist_xls/WGTST1B1w.xls.

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USEIA. 2026. Natural Gas Prices Data. *New York Monthly*. Available online: https://www.eia.gov/dnav/ng/ng_pri_sum_dcu_SNY_m.htm.

National and Regional Price Summaries

AAA. 2026. National and State Gas Prices. *New York Average Gas Prices.* Available online: https://gasprices.aaa.com/?state=NY.

USEIA. 2026. Spot Prices for Crude Oil and Petroleum Products. Available online: https://www.eia.gov/dnav/pet/xls/PET_PRI_SPT_S1_D.xls.

USEIA. 2026. Natural Gas. *Natural Gas Spot and Future Prices (NYMEX).* Available online: https://www.eia.gov/dnav/ng/xls/NG_PRI_FUT_S1_D.xls.

USEIA & NYSERDA. 2026. State Heating Oil and Propane Program/NYSERDA Heating Fuel Prices Survey. Available online: https://www.eia.gov/petroleum/heatingoilpropane/.

Weather Outlook and Data

National Oceanic and Atmospheric Administration (NOAA). 2026. National Weather Service Climate Prediction Center. Temperature and Precipitation Outlooks. Available online: https://www.cpc.ncep.noaa.gov/.

NOAA and Northeast Regional Climate Center (NRCC) at Cornell University. 2026. Weekly HDD Summary for New York. Available online: http://www.nrcc.cornell.edu/industry/hdd/.

NOAA. 2026. National Weather Service Climate Prediction Center. Degree Days Statistics. Available online: https://www.cpc.ncep.noaa.gov/products/analysis_monitoring/cdus/degree_days/.

National Drought Mitigation Center. 2026. U.S. Drought Monitor. New York. Available online at: https://droughtmonitor.unl.edu/CurrentMap/StateDroughtMonitor.aspx?NY.

Note that there may be slight differences between USEIA reported values and this NYSERDA summary due to methodology differences.

Developed weekly by the NYSERDA Energy Markets team, part of the Policy, Analysis, and Research Group .
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